

AKSHADHAA NEWSLETTER

The Beat

"EMPOWERING LIVES TRANSFORMING FUTURES"

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Corporate Engagement: BOSCH Volunteering at Akshadhaa Foundation

We are deeply grateful to the team at BOSCH for their incredible volunteering efforts and support to our vocational unit. Their visit was both impactful and inspirational, as they worked closely with our trainees to help produce vocational products and provide invaluable training on how to attend interviews at multinational professional corporations. This hands-on interaction not only enhanced the skills of our students but also boosted their confidence, preparing them for future employment opportunities. The dedication and commitment of the BOSCH team have brought wonderful outcomes to the lives

of our vocational trainees. We sincerely thank the BOSCH management for



making this initiative possible, and extend our appreciation to all the volunteers and faculties for their unwavering support and encouragement. We look forward to continued collaboration, ensuring that our trainees are equipped for success in both their professional and personal lives.



Celebrating Independence Day at Akshadhaa Foundation

On August 15, we proudly celebrated Independence Day at Akshadhaa Foundation, embracing the spirit of freedom and paying tribute to the countless heroes who fought for our nation's independence. celebration, sought Through this we demonstrate that the challenges our students encounter do not hinder their passion and dedication to their country. Together, we honored their legacy by striving to build a stronger, more united, and inclusive India. The enthusiasm and patriotism displayed by our students were truly inspiring, reminding us that no obstacle can diminish the spirit of pride.



Building Bright Futures: New Collaborative Efforts

We are excited to announce a new collaboration between Akshadhaa Foundation and Dr. S. R. Chandrasekhar Institute of Speech and Hearina (Dr.SRCISH). Our Hon'ble Founder, Sumana Dutta, along with the team, visited Dr.SRCISH for the MoU ceremony, warmly welcomed by Chairperson Lion V. V. Krishna Reddy and Treasurer Lion This Shanthavadhan. three-year partnership will support Dr.SRCISH in advancing it's mission to assist individuals with speech and hearing impairments. We extend our gratitude to all well-wishers whose support enabled us to pursue this noble cause and collaborate further.

Following the MoU signing, Akshadhaa Foundation has begun working with Dr. SRCISH. We are conducting sessions in their psychology department, where nine NIOS-enrolled students are receiving life skills and pre-vocational training skills



twice a week. Furthermore, at SUNAAD School for the Hearing Impaired, which operates under Dr.SRCISH, we have enrolled 27 students from the 8th and 9th standards and are delivering similar sessions on the same schedule. These activities are part of our Learning on Wheels initiative, allowing us to extend our support to a broader group of students. We are excited about the progress and are grateful for the opportunity to contribute to the students' development as they prepare for their futures.



Shaping Tomorrow's Counselors: Banjara Academy Visit

At Akshadhaa Foundation, we believe in the importance of sharing knowledge with the upcoming professionals. Recently, we had the pleasure of hosting over 50 aspiring counsellors in 5 batches from Banjara Academy who visited to enhance their understanding of the neurodiverse community and explore how to address the unique emotions these individuals experience.

To support their growth, we designed a specialized where participants gained valuable workshop insights into various counselling approaches tailored to neurodiverse individuals. The workshop focused on helping these counsellors navigate the emotional landscape of neurodiverse populations and with provide equipped them the skills compassionate and effective support.



Nurturing Neurodiverse Talent: Free Coding Camp Achievement

Akshadhaa Foundation recently organized a Free Coding Camp in collaboration with HashHackCode, specifically designed for neurodiverse individuals aged 5 and above. The camp provided a structured platform where students could explore coding at their own pace, ensuring a comfortable and supportive learning environment. curriculum was divided into two courses: Early Logic, which introduced coding fundamentals through activities like pattern recognition and algorithmic thinking, and Creative Coding. Here students developed cognitive and practical coding skills, including AI coding. Both courses fostered essential problemsolving abilities and logical reasoning.

The camp not only provided a unique opportunity for neurodiverse learners to engage with technology but also boosted their confidence in approaching complex challenges. By offering a supportive and inclusive environment, we ensured that every participant had the tools they needed to succeed.





Akshadhaa Foundation's Parents Workshop

Akshadhaa Foundation recently organized a Parents Workshop as part of our Community with 36 committed Outreach Project, parents participating. The workshop focused on addressing important family challenges, particularly for those with children who have special needs. Our expert facilitators led discussions on spending quality time with children, mindful mobile usage, managing personal and financial struggles, and the unique challenges faced by single parents. We are grateful to our facilitators for sharing valuable insights and to the parents for their active participation. The workshop also provided a platform for parents to connect

another, strengthening the community and enhancing their ability to support their families effectively.

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A Day of Physical Activity at the Turf

In the month of July, Akshadhaa Foundation organized an exciting visit to a local turf with our students, providing them with a day of fun, physical activity, and engagement. The visit aimed to encourage the importance of physical well-being while fostering teamwork, coordination, and confidence among our neurodiverse students.

During the visit, students participated in a variety of activities, including running, team sports, and other physical exercises tailored to their abilities. The activities not only promoted physical fitness but also helped in improving their motor skills, social interaction and focus. The day at the turf was filled with joy and energy, with students eagerly



participating and showing enthusiasm in every activity. This initiative aligns with our commitment to holistic development, ensuring that our students engage in both mental wellbeing and physical exercises for their overall growth.

The visit was a wonderful success, and we look forward to organizing similar events in the future to continue promoting a healthy, active lifestyle among our students.



Photography Day Outing

Recently, Akshadhaa Foundation celebrated Photography Day with an exciting visit to a local park. Our students actively participated in photography activities, exploring their creativity while capturing the beauty of nature around them. The event provided a wonderful opportunity for the students to develop their observational skills, express themselves through the lens, and engage in a hands-on learning experience. Each student was encouraged to take photographs, showcasing their unique perspective and creativity.

The day was filled with enthusiasm as the children embraced the activity, learning new skills while enjoying the serene outdoor environment. We look forward to more such creative outings that inspire our students and nurture their talents.



Theatre Experience: Film Screening for Akshadhaa Students



At Akshadhaa Foundation, we believe in practical, providing real-world experiences that support development of life skills. As part of this effort, we recently organized a film screening to give our students firsthand experience of attending theatre. The movie chosen for this special event was

Shrek, a fun and engaging film that the students enjoyed thoroughly. To make the experience authentic, we arranged for tickets to be purchased at the counter. The students brought money from home and were encouraged to buy their own tickets, allowing them to learn how to handle transactions and manage money. After receiving their tickets, which included seat numbers, they proceeded to the screening hall where seats were arranged with corresponding seat numbers. The activity not only provided entertainment but also helped building essential skills communication, money concept, and following instructions. The event was a delightful mix of fun and learning.

A Real-Life Shopping Experience: Visit to Elements Mall

As part of our ongoing efforts to equip our students with essential life skills, Akshadhaa Foundation organized an exciting visit to Elements Mall, giving students a real-time experience of shopping. This hands-on activity



the mall, and selecting the right products. Post this, then handled payments at the counters, learning to manage money and understanding its value. This experience not only helped enhance their

was designed to help them understand the practical aspects of managing money, making choices, and navigating through a shopping environment. Parents played an important role by sending a list of items and money with their children, making the exercise as realistic as possible. Accompanied by our dedicated trainers, the students were guided through the process of finding the items from their shopping list given by parents, locating them within

independence but also instilled confidence in their ability to complete everyday tasks. The students thoroughly enjoyed the trip and succeeded in identifying items, which further developed their problem-solving skills. We are proud of their progress and look forward to organizing more practical learning opportunities to continue empowering our students.







Creating Joyful Learning Experiences: At Gubacheez

At Akshadhaa Foundation, we are committed to making learning both fun and engaging for our students. By integrating diverse teaching methods, both in the classroom and through outdoor activities, we aim to create an environment that fosters a genuine enthusiasm for learning.

Our students regularly participate in various physical activities, which play a crucial role in not only reducing hyperactivity but also helping them manage their behaviors more effectively. These activities are key to their holistic development.

We would like to express our sincere gratitude to the Gubacheez team for their warm hospitality and ongoing support. We deeply appreciate the dedication of the faculty members who consistently take the initiative to organize such meaningful events for the children at Akshadhaa.

The festivities didn't end there! Traditional games like Uriyadi (pot-breaking) and Vadamvali (tug of war) brought an extra dose of fun and excitement. Our students actively participated and thoroughly enjoyed these games, making the celebration even more memorable.

In addition to this, Akshadhaa extended the festivities to four community schools. Our outreach team prepared Pookkalams at these schools and shared information about the cultural significance of Onam.

Celebrating Onam: A Day of Joy, Tradition, and Learning

At Akshadhaa Foundation, we celebrated the vibrant festival of Onam with great enthusiasm, blending tradition, fun, and learning. Before the festivities began, our students were introduced to the rich history and cultural significance of Onam, helping them understand and appreciate the traditions behind the celebration.

One of the day's highlights was the creation of a beautiful Pookkalam (floral rangoli), where students collaborated to design intricate floral patterns. The celebration also featured the preparation and serving of Payasam, a traditional sweet delicacy, along with the distribution of sweets to all participants, adding a delicious festive touch.







Visit to SAP : Coding New Opportunities

Our Inclusive Digital Learning Centre trainees recently had the opportunity to visit SAP India's office to observe and understand its infrastructure and operations. This visit provided valuable exposure to the workings of a professional IT firm and allowed our students to engage with new people, fostering meaningful interactions. They also had the chance to meet neurodiverse employees, learning from their experiences and exchanging insights, which offered inspiration and new perspectives. In addition, students participated in 1:1 sessions with buddy trainers, building rapport and gainied personalized guidance. Volunteers from SAP supported them in creating resumes, offering tailored training to help them develop essential career skills. This visit was a significant learning experience, contributing to their growth and career readiness.



Practical Learning: Supermarket Experience

Recently, Akshadhaa Foundation September, organized a visit to a nearby supermarket to provide our students with a hands-on shopping experience. Parents sent a list of items for their children to purchase, along with the Accompanied by our required money. dedicated trainers, students navigated the store, searching for the items on their lists and managing their budget. This real-life shopping experience was designed students improve their decision-making, problem-solving, and money handling skills. independently finding products and managing transactions, they not only learned essential life skills but also gained confidence in navigating public spaces. This practical exercise plays a vital role in fostering independence,

preparing them for future responsibilities, and reinforcing the skills they learn in the classroom.



Building Inclusive Career Pathways: Job Coach Training at Akshadhaa Foundation

On September 28th, Akshadhaa Foundation organized a highly successful Job Coach **Training** Orientation for trainers from community special schools. The training focused on deepening the understanding of neurodiversity, including conditions such as ADHD, Dyslexia, and ASD. It aimed to misconceptions debunk common provide accurate information, ensuring trainers are well-equipped to offer personalized coaching and support to neurodiverse individuals as they navigate their career paths. In addition to enhancing their skills, the program helped participants learn how to identify individual needs and provide support. This Knowledge



crucial for fostering more inclusive workplaces that accommodate both the strengths and challenges of neurodiverse employees. By empowering trainers with these skills, Akshadhaa is working towards creating environments where neurodiverse individuals can thrive and achieve meaningful career outcomes. The program was a key step in Akshadhaa's mission to support neurodiverse individuals.

Parents Orientation at SUNAAD School

Akshadhaa Foundation recently conducted an engaging Parents Orientation session at SUNAAD, specifically designed to provide parents with a deeper understanding of the services we offer to students. Led by our Program Manager Shubhajit Bhattacharya, the one-hour session covered key areas such as Life Skills training, Pre-Vocational programs, and Digital Literacy, all which are essential to prepare students for their future. The session was attended by parents of 8th and 9th standard students, as well as the principal and staff members, creating an inclusive and collaborative environment. The orientation was highly interactive, allowing parents to ask questions and gain clarity on how these programs are



tailored to support the unique needs of their children. Additionally, parents were introduced to the various resources and tools utilized in these programs, helping them understand the hands-on methods used in teaching. Parents were encouraged to engage with the content, making it a valuable exchange of ideas and information. This session helped foster a stronger connection between the school and families, ensuring that everyone is aligned in working towards the students' overall growth and independence.



Ganesh Chaturthi Celebration at Akshadhaa Foundation



Akshadhaa Foundation celebrated Ganesh Chaturthi with great enthusiasm across all three units. The day began with students participating in a lively celebration, where sweets were distributed, adding to the festive spirit. Trainers took the opportunity to educate the students about the Significance and history of Ganesh Chaturthi, giving them valuable insights into the cultural relevance of the occasion.

Adding to the festive mood, students showcased their creativity by painting beautiful, vibrant images of Lord Ganesha on chart papers. Their artistic expressions were filled with bright colors enthusiasm. The celebration also included a joyful musical session where students sang traditional songs related to the festival, adding a melodic touch to the atmosphere. Overall, Ganesh Chaturthi celebration at Akshadhaa was a perfect blend of learning, creativity, and joy, allowing students to engage in both cultural appreciation and artistic expression. The event fostered a sense of unity and excitement, making it a memorable day for everyone involved.

WHERE WE WORK

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