



AKSHADHAA FOUNDATION
Enhancing Abilities Enabling Life

AKSHADHAA NEWSLETTER

The Beat

"EMPOWERING LIVES TRANSFORMING FUTURES"

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Code Unnati & SAP Labs India Collaboration

The Code Unnati program, in collaboration with SAP Labs India, continues to empower our diverse student community with essential digital skills training in the Microsoft Suite. We were honored to host Ms. Sindhu Gangadharan (MD - SAP Labs India) and the SAP Labs India team during Autism Acceptance Month, highlighting the positive impact of their support. Their visit was a testament to the program's success and the transformative effect it has on our student's lives. The engagement with SAP Labs India has not only enhanced our curriculum but also inspired our students to excel in their digital literacy journey.



BOSCH Volunteering Initiative

The BOSCH team's volunteering efforts at our vocational unit have made a significant impact. Their interaction helped our trainees produce vocational products and learn how to excel in professional interviews at MNCs. We're grateful to BOSCH management and faculty for their dedication, which has brought about wonderful outcomes for our vocational trainees.



01/07

Empowering Vocational
Excellence: BOSCH's Impactful
Volunteering Session

Equip the Special Million Project: Vathsalya Training

In June 2024, we achieved significant milestones under the "Equip the Special Million Project," supported by ANZ. We launched a comprehensive month-long training program in partnership with Vathsalya Trust, designed to strengthen early childhood development efforts. The training



program was conducted over four days and included six detailed sessions for 32 classroom teachers and community workers. The program was divided into two parts: two days focused on early intervention techniques and two days dedicated to effective classroom management strategies. Our goal was to improve early autism screening, challenge common misconceptions and ensure that every child receives the support they need at the earliest stage. The program has been a crucial step in expanding our capabilities to identify and support children with autism, fostering a more informed and supportive community.

Skillful Social Camp for Special Needs Children

We are pleased to report the successful completion of our Skillful Social Camp, tailored specifically for children with special needs. It was launched in April and extended through mid-May due to popular demand, the camp was a resounding success. The program offered a diverse range of activities designed to foster creativity, life skills and social interaction. Participants engaged in sensory games, pre-vocational skills training and creative arts, all aimed at enhancing their abilities and boosting their confidence. We extend our heartfelt thanks to all the parents and children who participated, making this camp a truly enriching and supportive experience. Your enthusiasm and support were instrumental in the camp's success and we look forward to organize more such events in the future.

Inclusive Carnival Workshop at State Street



In collaboration with State Street, we conducted a successful one-day inclusive carnival workshop at their premises. State Street employees engaged in various empathy zones created by Akshadhaa Foundation, gaining profound insights into the challenges faced by people with disabilities. The event fostered deeper empathy and awareness, highlighting the importance of creating inclusive workplaces and a more compassionate society.



Train the Trainer

We are delighted to announce the successful organization of two impactful workshops under our "Train the Trainer" program! These workshops brought together passionate participants from various colleges who are currently interning with us. Through these sessions, our interns gained invaluable insights and a deeper understanding of the neurodiverse community, empowering them to be more effective and empathetic future leaders.

A heartfelt thank you to the dedicated faculty members who generously shared their time and expertise. Your commitment to nurturing the next generation of leaders is truly inspiring. Together, we are building a more inclusive and understanding world.

POSH Policy Awareness Session



At Akshadhaa Foundation, we strive to exceed industry standards in creating a safe, inclusive, and equitable workplace. Recently, we organized an awareness session on the Prevention of Sexual Harassment (POSH) policy, a crucial step in fostering respect and empowerment among our team. Our Volunteers played a pivotal role in arranging this session and we extend heartfelt gratitude to them. Special thanks to Ms. Mini for her engaging and informative presentation, which helped deepen our employee's understanding of the policy and its implications. The session was well-received, sparking meaningful discussions and reinforcing our commitment to a harassment-free environment. By prioritizing safe workplaces, gender equality and continuous learning, we work towards realizing our vision and making a positive impact in our community.

Wrapping Up and Starting Anew: Akshadhaa Foundation's Academic Year Update

We are thrilled to announce the successful completion of our 2023-24 academic year in mid-April. The next academic year commenced on May 10th, marking a fresh start with renewed energy and enthusiasm. Unlike traditional schools, Akshadhaa Foundation does not follow a two-month summer break. Prioritizing consistency, routine and skill retention ensures continuous growth and

development for our students. To kick off the new academic year, our junior school children enjoyed their first outdoor activity, spending a delightful day playing, observing flowers, exercising and having fun in nature. We look forward to another year of learning, growth and joyful experiences.



Exploring Vocational Opportunities for Neurodiverse Children



Recently, the Akshadhaa Foundation held a highly informative session for parents and teachers focused on exploring vocational opportunities for neurodiverse children after seventh and eighth grade. It was guided by our esteemed team members, Ms. Sumana Dutta and Shubhajit Bhattacharya. The

session highlighted various vocational paths, including creativity, technology, hospitality and entrepreneurship. Their expert insights provided attendees with a comprehensive understanding of the diverse opportunities available for their children. We are proud to collaborate and support The Association of People with Disability - India's school SIS in making this initiative impactful. We extend our gratitude to everyone who participated in championing inclusivity and empowering every individual to thrive.

Autism Awareness Day

At Akshadhaa Foundation, Autism Awareness is a daily commitment that goes beyond a single day of observance. On April 2nd, we took a moment to reflect on our continuous efforts to understand and empower individuals with autism. This special day was an opportunity to celebrate our daily work and the meaningful impact we make through our ongoing initiatives. Every day at Akshadhaa Foundation, we engage in activities and create an environment where individuals with autism are embraced and supported. Our daily efforts are focused on fostering acceptance, sharing knowledge and building a community that values each person's unique contributions.



Celebrating Father's Day and Yoga Day Together

This year, we celebrated Father's Day at Akshadhaa Assisted Living with a unique and meaningful event that combined our observance of International Yoga Day. Although we couldn't have a traditional Father's Day celebration, we created a special experience for both fathers and their children. On this day, we welcomed a regular yoga trainer who led a two-part yoga session for our students and their fathers. The first part focused on yoga techniques and exercises, while the second part emphasized relaxation and mindfulness practices. It was a wonderful opportunity for everyone to connect, share moments of calm and embrace wellness together. Through this combined celebration, we honored the remarkable fathers who have made courageous decisions for their families, demonstrating strength and foresight in



choosing independent living. We also extended our heartfelt appreciation to the single mothers who take on multiple roles with unwavering love and resilience. Father's Day and Yoga Day became a celebration of strength, unity and the commitment to create better futures for ourselves and our families. We are grateful for the inspiring individuals in our community and look forward to more opportunities for growth and togetherness.



Music Day Celebration

On June 21st, 2024, we celebrated Music Day at Akshadhaa Foundation with a heartwarming and joyful gathering. Students and teachers came together for a delightful singing session that filled the room with melody and cheer. The event was a simple yet meaningful occasion where everyone had the chance to enjoy music and connect with one another. We sang favorite songs, shared smiles and experienced the unifying power of music. Music Day was a beautiful reminder of how even the smallest moments can bring us together and uplift our spirits. We are grateful for the enthusiasm of our students and the participation of our teachers in making this day special.

Exciting Swimming Pool Outing



On May 31st, 2024, we enjoyed a fun and refreshing outing to the swimming pool with the students from Unit 2. The day was filled with laughter, games and the joy of being in the water. Our students had a fantastic time swimming, playing pool games and participating in various water activities, all under the careful supervision of our dedicated staff. The outing was not only a chance for the students to unwind but also a wonderful opportunity for them to bond with their peers and teachers in a relaxed setting. This special day highlighted the importance of blending educational experiences with recreational activities to support our student's holistic development. We look forward to more enjoyable outings that offer both fun and learning opportunities for our students.

Environmental Day Celebration at Akshadhaa Foundation

On June 6th, 2024, Akshadhaa Foundation celebrated Environmental Day with engaging activities to promote environmental awareness among students and staff. The day commenced with an educational PowerPoint presentation that illustrated how to plant trees in a pictorial way. Following this, students participated in a hands-on session where they planted saplings with guidance from their teachers, gaining practical experience and fostering a sense of responsibility for nature. Environmental Day was a truly meaningful event that inspired everyone to contribute to a sustainable future. We are incredibly proud of our students and staff for their enthusiastic participation and unwavering commitment to environmental stewardship.



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