



# Akshadhaa Foundation Newsletter

**ABILITIES IN DISABILITIES**

AF004|Jan-Mar|2022

January

## Retail Training Certificate Course

The Certificate course in Retail training has started in January. In-store, Ecommerce, Quick service Retail and IT program are the major elements of the course. The course is connected directly with placement in Amazon for the position of Station support Associate and Sale Associate.



## OPEN FORUM for Parents

Akshadhaa Foundation ran the month-long initiative to connect to parent caregivers, bringing an OPEN FORUM platform where they can understand and ask questions to the therapists. The forum was kept free for the parent participants. Near about 50 parents got the necessary guidance.



**OPEN FORUM  
FOR PARENTS**  
Session #04

### Topics:

Olfactory Processing in  
Children with special needs



On Saturday 8th January  
3pm- 4pm

Presenter: Dr. Nitika  
(MPT Pediatrics, Trained in SI)

"Smell is a potent wizard that  
transports you across thousands  
of miles and all the years you have  
lived." - Helen Keller





## Stipend Award Ceremony

9 of our Vocational trainees got stipend for their work contribution for the last 4 months of duration. The sale of the vocational gift products during the Diwali and Christmas time helped to generate the revenue, which was given as stipend to those students. The event was organised on our 73rd Republic day. 3 parents received **"Parents Influencer Award"** for their involvement and support in this sale drive.

Thanks to all our supporters, well-wishers and friends for their continued support. Each and every gift products are handmade and received appreciation.



February

## Capacity Building

As a part of Equip the Special Million Project, we conducted one sensitization session for ASHA workers of Banaswadi ward. Building awareness towards Developmental Delays, identifying red flags, importance of bringing the families for further screening, immunisation and malnutrition related developmental delays were the focus of this session. Session happened in Kannada, Tamil and English.





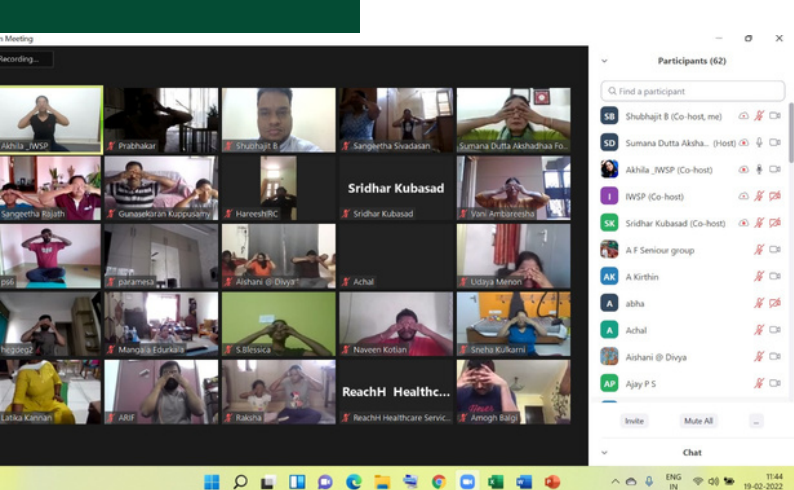
# Community Outreach

A team of 4 professionals visited Gulbarga and Bidar District where we support two NGOs, Sevasangama and ORBIT with whom we work in technical partnership for their beneficiaries. During this visit we did screening of the children with neuromotor issues, early intervention age group and capacity building session with the parents. In this phase total 61 children went through screening in two days, providing recommendations and setting the home training program. We also helped them to connect with district level working bodies and hospitals and bringing funding support for cochlear implant, hearing aids, AFO brace etc. Each family story is different. The inability to do more or to provide the right resources, lack of funds disturbs us from within. There is so much to do, and we feel so helpless at times. Sometimes the words of hope sound so hollow to self. The real grassroots level work that makes us understand the disparity of working and being in the metro city.



## Akshadhaa Assisted Living Community Project

We are very much happy to share that Akshadhaa Assisted living community project has crossed the milestone of procuring land at the vicinity of Bangalore. The architect work will be starting very soon. Thanks to all our well-wishers for your wishes and support.



## Virtual Volunteering

volunteers participated in this event from the ANZ side.

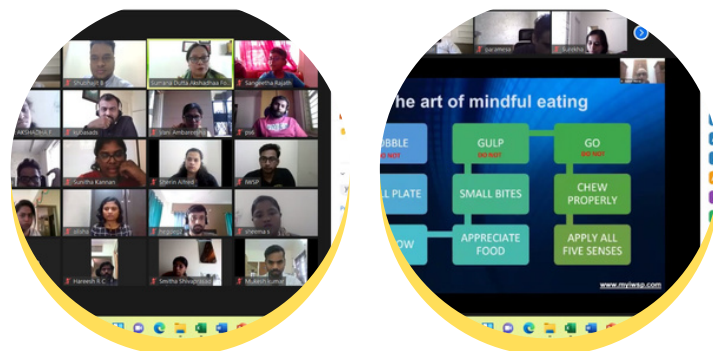
The whole session was smooth from the beginning and had been appreciated by all the members.

The talk by Dr. Susheel Sharma on Mindful Eating and Healthy practices was the gem of learning at the beginning of the session.

The volunteers had unique learning of the "WHY" factors behind every healthy practice for a healthy lifestyle.

Also, the interactive session with the children of Akshadhaa Foundation along with the volunteers and their children took all the attention and for one hour they all were engaged in singing, talking, listening to each other, sharing their interests, hobbies. We were very happy to see our children in spite of their challenges of communication and language, were able to hold their interest, talking based on their ability and communicating by typing. Their smiling faces are the marker of the successful amalgamation of the human spirit, self-compassion, love and joy which was the objective of this event.

We have received lots and lots of good wishes, blessings, good thoughts and reflections from the ANZ team at the end.



## Community Connect

Built the initial connection with Swami Vivekananda Youth Mission in Sargur and Mysore. We explored the possibilities of collaboration, networking and observed the community based projects that SVYM organisation has created for last 38 years to build the human capital. There is good amount of scope to contribute in the field of disability, screening of school children with specific learning disabilities and building early screening and team of interventionist to serve neurodevelopmental challenges and autism using community human resources. More projects to come...





March

## College Internship

The internship program is one of the strong pillars of Akshadhaa Foundation, where we collaborate, interact, network and open the door to students, young professionals to come and work for our special needs community. It is a pleasure to see off 26 upcoming counselors of Banjara academy who have completed their tenure for last two months.



## Capacity Building

The capacity building session with Amruthahalli hospital, Yalahaka Bangalore took place in March with their 20 ASHA workers. Thanks to the medical officer and the unit to make it possible. These community health workers give visit to the households and families in the block. It is important that they know about the red flags of global developmental delay and the right help they can suggest to the parents.

## Cultural Celebration

Our children and teachers celebrated **#Holi** in both the units with organic colours made from the flowers.



## Akshadhaa Open Day

During OPEN DAY we let the parents explore the teaching methodologies and vast creative hands on learning materials that we use with our students at the school. There is an array of TLM displayed from all the developmental domains starting from early intervention till Middle school level



# Back end Shop Skill Vocational Training

Akshadhaa Foundation introduced grain weighing and packing as a part of back end retail shop training.

The semi-automated weighing machine is the joint work of Akshadhaa Foundation with CMTI, Bangalore. We are grateful to the engineers for the customised design and installing it at our place.



## Community Outreach

We completed our third phase of handholding for the trainers of Ashraya Special school. We handed over the teaching learning materials specifically created to target cognitive skill, life skill and prevocation readiness. These TLM will be used by the special needs children of adolescent age group.




## YOUR TAX RUPEES COULD ALSO TRANSFORM A LIFE


Dear Friend,

Donating to a cause is one of the simplest ways of giving back while saving tax. Your hard-earned money can help a child or adult with a disability receive a nourishing meal, get an education or professional training, get rehabilitated, become a physically and financially independent individual, and an earning member of society.

Eight out of every hundred people with disability need prosthetic and orthotic assistive and adaptive aids and devices. Akshadhaa Foundation works with children and adults with disability from economically weak homes. We apply a lifecycle approach that supports and empowers a person with a disability from birth to employment.

Your donation can make a difference. Donations to Akshadhaa Foundation are eligible for 50% tax exemption under Section 80G of the Income Tax Act of India.

 Special School and Rehabilitation Service  
# 4 BC - 803, located, 4th 'B' Cross HRBR Layout, 1st Block,  
Kalyan Nagar, Bangalore - 560 043.

 Vocational Training and NIOS Center  
# 2C - 720, 2nd Cross, HRBR Layout, Block 1,  
Banaswadi, Bangalore - 560 043.

**DONATE**



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