



# Akshadhaa Foundation

Newsletter April-June 2021

Dear Well Wisher,

## Urgent need help for People with Disabilities

Devastating covid-19 pandemic has affected children and people with disabilities very badly. They are the most vulnerable population, who are going through trauma, not availing any therapy or mental health counselling and medication.

Akshadhaa Foundation took the pledge to bring Accessibility of Therapy & hygiene kit for 500 such deserving children and adults with neuro developmental disabilities during covid time.

The team of experts will provide required therapy, counselling, medication with their team of doctor, physiotherapist, speech therapist, special educator and counsellor. The above service will be completely free of cost for the people. Beneficiaries will receive the required therapy kit, consultation, therapy and care based on their need and condition.

[Read more our Milap campaign](#)



**Be  
The  
Changemaker**

**Urgent need help for  
People with Disabilities**



[Appeal From Our Founder - Click Here to Watch Now](#)

## April 2021

### Lovefest celebration



Akshadhaa Foundation the non-profit organisation working with children and adult population with special needs organised its second virtual carnival LOVEFEST 2021 in the month of April.

Lovefest is the online platform thoughtfully curated for special needs children, adolescent and adults across India to participate, learn, advocate and enjoy with the buddiz of Akshadhaa

Foundation. 2nd April is marked as World Autism Awareness day and is getting celebrated across the world, to show solidarity, to bring about awareness, empathy and more engagement for the people with Autism and to make the families with children with autism to come ahead, leaving behind the stigma, to join hands and be a part of the larger community.

This time on April 3rd Saturday we celebrated World Autism Awareness Day through LOVEFEST with an evening full of engagements with yoga, story time, fun games, visual art, magic show, rhythm, dance and movement for the children to explore, experience and enjoy with their family and friends. We had professionals from different fields who came forward voluntarily to take part and became resource facilitator for the events.

## May 2021

### Vaccination drive for Covid 19

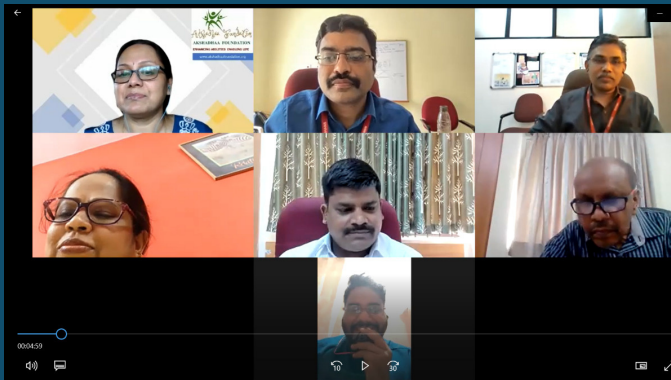


Akshadhaa Foundation took the initiative to run the vaccination drive for the People with Disabilities (PwDs) individuals, their family caregivers and frontline workers i.e. educators, social workers, health workers with the coordination of Disability NGO Alliance, BBMP, Health and Family Welfare services, Office of the State Commissioner for Persons with Disabilities and Directorate for the Empowerment of Differently Abled and Senior Citizen. We volunteered to give our campus for the vaccination camp and coordinated with fellow NGOs, Special schools in the nearby Bangalore urban region. Two vaccination camps were organised in the month of May and June, where we were able to support 130 members with free vaccination. The timely and constant coordination starting with data collection, following covid protocol of sanitation of the premise and social distancing while waiting for the vaccine, system of token system with specific time slot helped the candidates with disabilities to follow through the process smoothly.

We received such warm and thankful messages from the beneficiaries. The support and thorough planning and communication was very well received by them. These thoughtful messages boosted the morale of our team who executed it well. These are very difficult and trying times for every one of us, especially the people with disability and their families and frontline workers. Supporting the vaccination drive was imperative. We are grateful that we took up this vaccination camp at our foundation and more so it was completed well. A huge satisfaction of work planned and done well.

## June 2021

### Multi-Stakeholder Webinar on facilitating UDID for Persons with Intellectual & Developmental Disabilities

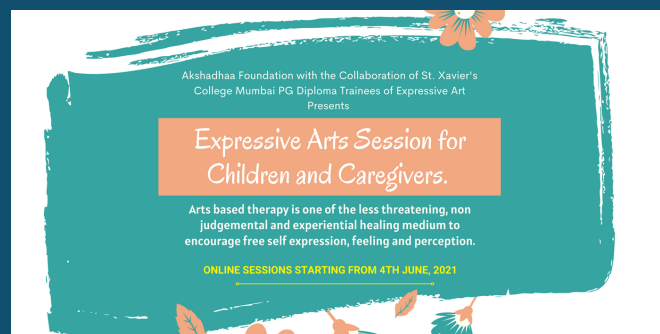
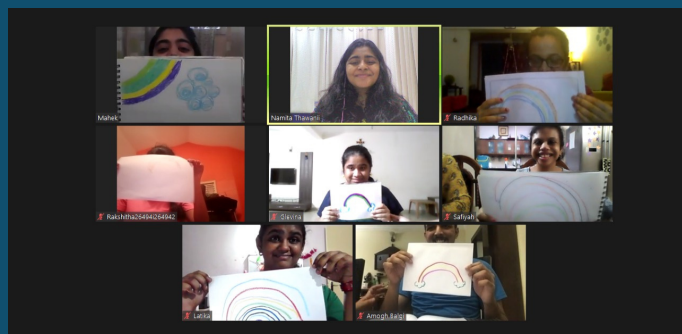


In the month of June, Akshadhaa Foundation hosted a virtual panel discussion webinar session in collaboration with NIMHANS, Victoria Hospital, Stat UDID coordinator and District welfare officer to support the family caregivers to resolve the doubts and challenges with respect to UDID registration and disability card. The intention of this webinar is to bring the different

stakeholders on one platform and listen to the experts who are leading the UDID project in Karnataka. Pre-webinar google form was circulated to understand what kind of information the family caregivers are looking forward to, how much they are aware of the importance of UDID and give right set of solutions for the issues that they might be facing in this process. Total 184 family members registered for the webinar and received inputs from the resource panelists.

# June 2021

## Expressive arts for children, caregivers and Akshadhaa Staff members with the PG Diploma trainees of St. Xavier's College, Mumbai



Arts based therapy is one of the less threatening, non-judgmental and experiential healing medium to encourage free self expression, feeling and perception. The sessions were designed based on the participating members, age and functional ability to try their hands with some art, music, voice or story telling. The mothers of special needs children specifically are going through a lot of responsibilities of handling the child, looking after family matters, house chores and many more. The staff members are relentlessly spending hours for their online sessions, preparing online teaching materials and trying their best to give the maximum benefit to the children who are homebound during pandemic time. These sessions were focused to uplift the mental health condition of the mothers and therapist professionals, to give a small window, a short time of respite from the usual mundane situation and look forward to positivity in life. The sessions will be conducted till July, 2021.

### Dear Well Wisher,

We here at Akshadhaa Foundation are so proud of the recent work that we did last quarter, and we'd like to thank you for being a part of our community.

We need your continued support this quarter as well because  
"Alone we can do so little; together we can do so much."

Your one click can make a big difference.

Your donation is eligible for 50% TAX exemption under section 80G.

### **DONATE NOW**

